

Curriculum Vitae

Solo Exhibitions

2017 Trias Gallery – Solo Summer Show

2012 Martens Arts Gallery – "Fruits of Love"

2010 Trinity Galleries - New Works

2006 Galerie d'avignon, Montreal - "Fruits of Passion"

2004 Brush Gallery, Toronto - Feature Exhibition

2004 Whistler Art Galleries, BC -"Summer Show"

Selected Group Exhibitions

2020 Arta Gallery, Toronto - "Finding Love"

2016 Trias Gallery, Oakville - Gallery Group Show

2016 Martens Arts Gallery, Bayfield - Summer Group Show

2014 Trias Gallery, Oakville - Group Show

2013 The Artists Project, Better Living Building, Exhibition Place, Toronto

2012 The Artists Project, Queen Elizabeth Building, Exhibition Place, Toronto

2011 Toronto Art Expo – Representation by Trias Gallery

2009 Art Trax, Toronto - Christmas Gala

2009 International Art Show, Toronto - Representation by Trias Gallery

2009 Dunn Street Gallery, Oakville - Grand Opening Show

2008 Trinity Galleries, Saint John - Small Works show

2008 Trinity Galleries, Saint John - Black and White Show

2008 Galerie d'avignon, Montreal – 10th Anniversary

2007 Trinity Galleries, Saint John - Small Works Show

2007 Toronto International Art Fair – Representation by Trias Gallery

2007 Toronto Outdoor Art Exhibition (Juried Show)

2007 Trinity Galleries, Saint John - "Flower Show"

2006 Trinity Galleries, Saint John – "Christmas Extravaganza"

2006 Toronto Outdoor Art Exhibition (Juried Show)

2005 Galerie d'avignon, Montreal - Gallery Artist Group Show

2005 Brush Gallery, Toronto - "For The Love of Red"

2004 Toronto Outdoor Art Exhibition (Juried Show)

2004 Whistler Art Galleries - "Canadian Contemporary Realists"

2004 Wallpower Art Gallery, Toronto

2003 Gallery 133, Toronto

2003 Whistler Art Galleries

2003 McMichael Gallery, Kleinburg - Autumn Art Sale (Juried Show)

2003 Toronto Outdoor Art Exhibition (Juried Show)

2003 Brush Gallery, Toronto - Opening Show

2002 McMichael Gallery, Kleinburg - Autumn Art Sale (Juried Show)

2002 The Gallery Wall, Toronto - Group Show

2001 McMichael Gallery, Kleinburg - Autumn Art Sale (Juried Show)

Private Collections

C.O. Capital Growth
Cheddington Place Condominiums Civvals Chartered Accountants
TD Equitable Trust
Freedom International Brokerage
Gallant Leaman Group Communications Inc.
Jascot Investments
Mander Group Inc
Neosynergy, USA
Page & Associates
Private Collections: London, New York, Toronto, Sydney

Reviews

"Helman is a painter whose mastery of the seemingly simplistic and limited palette works have garnered a devoted following. From small, exquisite jewels entitled "Red Pear #3" and "Bartlett Pear" to large, intense images such as "Six Red Pears" and "Green Apple", Helman is a wizard with paint"

- The Whistler Question, August 2004

Gallery Representation

Koyman Galleries, 1771 St. Laurent Blvd, Ottawa, Ontario, K1G 3V4 Marten Arts Gallery, 17a Main Street, Bayfield, Ontario, N0M 1G0 Trias Gallery, 29 - 11 Bronte Rd, Oakville, Ontario, L6L 0E1 Steele Gallery, 494 Mississauga Street, Niagara On The lake, Ontario, L0S 1J0